

Index Cards for a Season of Planning

This resource contains the titles of the session chapters and a short description of each session's objectives from the Total Catechesis and Total Youth Ministry manuals. The session titles and descriptions are formatted to print on sheets of standard 2-by-4-inch labels for inkjet or laser printers. After you print the labels, you can put them on index cards. This will create a complete set of index cards containing all the Total Catechesis and Total Youth Ministry sessions that you can use in your seasonal youth ministry planning. (See chapter 5, "Planning a Season of Ministry," in the *Total Faith™ Initiative Coordinator's Manual*.) You can also print the labels on regular paper, cut them apart, and then glue or tape them to index cards.

The index card labels are formatted so that all the session descriptions from one manual will fit on no more than two sheets of labels (ten labels per sheet). Each page of this resource contains the session descriptions for one manual in the TOTAL FAITH series. From the print menu of the Adobe Reader program on your computer, you can choose to print only the pages you need.

Each session lasts about one hour, unless otherwise noted. Additional sessions intended for intergenerational groups or for adults only are noted as such.

1. “Introduction to Christian Morality”

The learner will be introduced to the Church’s teaching on morality; understand the meaning in Catholic Tradition of beatitude, free will, and sin; realize that all humans are made in the image and likeness of God; and apply the three factors for determining the morality of individual human actions: the action itself, the intent, and the circumstances.

Catechetical Sessions on Christian Morality

2. “Social Justice”

The learner will recognize that God calls human society to reflect the loving relationship within the Trinity; understand the four foundations of Catholic social teaching: the common good, political responsibility, human dignity, and solidarity; discover the Biblical roots of social justice; and explore the interdependent relationship between service and justice.

Catechetical Sessions on Christian Morality

3. “Sources of Moral Truth.”

The learner will recognize natural law as part of human nature; appreciate the relationship between the Old Law (the Ten Commandments) and the New Law (the law of the Gospel); identify the laws, or precepts, of the Church; and discover ways to integrate these laws with the formation of conscience.

Catechetical Sessions on Christian Morality

4. “Honoring God”

The learner will explore what it means to put God above all things, realize that everyday speech is a powerful tool for serving God, and develop strategies for observing the Sabbath.

Catechetical Sessions on Christian Morality

5. “Honoring Family”

The learner will appreciate that God is the source of the mutual respect due within the family, understand the relationship between the child’s responsibility of respect and the parent’s duty of care, understand how the fourth commandment applies to the civil authority, and understand that civil disobedience and political action are based on Catholic teachings.

(Intergenerational)

Catechetical Sessions on Christian Morality

6. “Respecting Life”

The learner will recognize that the foundation of the fifth commandment is that all humans are created in the image of God; understand how life issues—such as capital punishment, war, abortion, genetic engineering, euthanasia, suicide, and scandal—are related the fifth commandment; and realize that the responsibility to respect life includes respecting her or his own health.

Catechetical Sessions on Christian Morality

7. “Respecting Sexuality: The Gift of Sexuality”

The learner will appreciate God’s gift of sexuality; understand that marriage is the appropriate place for the full expression of the gift of sexuality; explore the value of chastity in marriage and in the single life; and understand the reasons for the exclusive expression of sexual relations in a sacramental marriage, revealed in the sixth commandment, and the value of purity of heart, which is the basis of the ninth commandment.

Catechetical Sessions on Christian Morality

8. “Respecting Sexuality: The Challenge of Sexuality”

The learner will understand how sexual sin separates us from God’s plan and how chastity strengthens our relationship with God; confront the sexual temptations of today’s culture, which affect both single and married people; and understand the situation of the homosexual person in the context of God’s gift of sexuality.

Catechetical Sessions on Christian Morality

9. “Respecting Material Goods”

The learner will understand the Church’s teaching on the seventh commandment with respect to stealing, be aware of the application of the tenth commandment to the dangers of materialism and envy, and consider the best way to serve God through vocation, work, and wealth.

Catechetical Sessions on Christian Morality

10. “Respecting Truth”

The learner will understand the importance of truth and the harm of lying, experience the power of words to make or break confidences and reputations, and realize how important a foundation truth is for society and how necessary reparations are when truth is violated.

Catechetical Sessions on Christian Morality

11. “The Moral Life”

The learner will understand and learn to cultivate the cardinal virtues: prudence, justice, temperance, and fortitude; understand the value and the source of the theological virtues: faith, hope, and charity; and appreciate the meaning and the importance of forgiveness and grace in living a Christian moral life.

Catechetical Sessions on Christian Morality

1. “Introduction to Prayer”

The learner will establish prayer as an essential way of building a closer relationship with God; understand prayer as a responsive relationship with God; explore prayer as covenant, communion, and gift; and understand that everyone is called to prayer.

Catechetical Sessions on Christian Prayer

2. “Models of Prayer”

The learner will understand the role of prayer in God’s call to covenant, explore the notion of trust in God and reflect on the role of trust in her or his own prayer journey, and share how he or she hears and experiences the call to prayer in his or her life.

Catechetical Sessions on Christian Prayer

3. “Forms of Prayer”

The learner will be introduced to the Church’s five traditional forms of prayer: blessing and adoration, petition, intercession, thanksgiving, and praise; and gain an appreciation for how different prayer forms connect to different times and situations in her or his life.

Catechetical Sessions on Christian Prayer

4. “Personal Prayer”

The learner will be encouraged to develop a deeper appreciation for personal prayer as a way to enrich his or her relationship with God; and develop a knowledge of and appreciation for vocal, meditative, and contemplative prayer forms.

Catechetical Sessions on Christian Prayer

5. “Challenges of Prayer”

The learner will be presented with the difficulties involved in praying and encouraged to discuss ways of overcoming those difficulties, examine and discuss the various misperceptions about prayer, and explore the kind of effort needed to develop a solid prayer life.

Catechetical Sessions on Christian Prayer

6. “Praying with the Scriptures”

The learner will establish connections between reading and praying the Scriptures, identify key scriptural texts that are significant to his or her continual faith development, and develop an understanding of the Scriptures as a useful tool in deepening her or his prayer life.

Catechetical Sessions on Christian Prayer

7. “Praying Together”

The learner will expand her or his knowledge of communal prayer expression, develop the skills necessary to transform daily experiences into prayerful and prayer-filled moments, and experience communal prayer.

(Intergenerational)

Catechetical Sessions on Christian Prayer

8. “Catholic Prayers and Devotions”

The learner will be reminded of (and in some cases introduced to) traditional prayers and devotions that are part of the Catholic heritage, gain an understanding of the value of familiar ritual and repetitive prayers and their association with Catholic Tradition, and offered the opportunity to discover the ways that traditional prayers are a part of his or her family history.

Catechetical Sessions on Christian Prayer

9. “The Lord’s Prayer: God’s Glory”

The learner will identify the reasons we pray the Lord’s Prayer and its potential to change us; understand the opening address as a means to place themselves in the presence of God and in the right frame of mind; and explore the first three petitions, which address the glory of the Father, the sanctification of his name, the coming of the Kingdom, and the fulfillment of his will.

Catechetical Sessions on Christian Prayer

10. “The Lord’s Prayer: Human Need”

The learner will recognize the final four petitions of the Lord’s Prayer as Jesus’ answer to the desires of the Christian heart; understand the need to boldly ask for nourishment, healing of sins, and the victorious struggle of good over evil; and acknowledge a dependence on God for all essential things needed to sustain life.

Catechetical Sessions on Christian Prayer

1. “Being Catholic: The ‘CliffsNotes’ View”

The learner will identify and name core Catholic beliefs and discover how those beliefs foster Catholic identity, understand core Catholic practices and how they are relevant to the learner’s life, and gain insight into some key Catholic attitudes and the ways those attitudes can be lived out.

Catechetical Sessions on the Creed

2. “Knowing God: Reason and Revelation”

The learner will gain insight into the Catholic Church’s understanding of Revelation and its transmission, and understand how Catholics come to know the truth about God and why that has meaning for their lives.

Catechetical Sessions on the Creed

3. “Faith”

The learner will gain a better understanding of the Church’s creeds and how they relate to a life of faith, be prepared for a more meaningful recitation of the Nicene Creed during the liturgy, and recognize the trinitarian structure of the Church’s creeds.

Catechetical Sessions on the Creed

4. “God Our Father”

The learner will recognize that people use various images to gain insight into the mystery of God, explore central images of God in the Scriptures and in Church Tradition, and investigate the meaning of the doctrine of the Trinity and consider how it helps people to more deeply understand the mystery of God

Catechetical Sessions on the Creed

5. “The Human Person”

The learner will understand key aspects of the Church’s teaching on Creation, reflect on the goodness of God’s Creation and her or his own identity as a part of Creation, and be introduced to the doctrine of original sin.

Catechetical Sessions on the Creed

6. “Jesus Christ: True God and True Man”

The learner will distinguish between the fully divine nature of Jesus and the fully human nature of Jesus, recognize the mystery of Jesus through discovery of who Jesus is, and recognize Jesus as the center of the Catholic faith.

Catechetical Sessions on the Creed

7. “Mary, Mother of God”

The learner will review Mary’s extraordinary gift to us when she said yes to becoming the mother of Jesus, consider Mary’s role as the first disciple—an example of the life all Christians are called to live, and reflect on his or her own experiences of saying yes to God’s will.

(Intergenerational)

Catechetical Sessions on the Creed

8. “Jesus’ Message and Mission”

The learner will understand the effectiveness of parables in Jesus’ ministry and their use in communicating the Kingdom of God, probe the concept of the Reign of God and how it guided Jesus’ mission, and reflect on her or his own way of being and on goals for the future in light of Jesus’ mission and invitation to enter the Kingdom.

Catechetical Sessions on Creed and Church

9. “Jesus’ Death”

The learner will explore the Passion and death of Jesus and its profound meaning for all Christians, and gain a general understanding of the key events surrounding the Passion and death of Jesus.

Catechetical Sessions on the Creed

10. “Jesus’ Resurrection”

The learner will understand the Paschal mystery—particularly the mystery of Jesus’ passage through death to new life; understand the Resurrection of Jesus to be both historical and transcendent, the fulfillment of God’s promise, and the work of the Holy Trinity; explore the story of the Resurrection and its significance both in the story of Jesus and in the faith journey of all Christians; and explore the significance of Jesus’ death and Resurrection for her or his life.

Catechetical Sessions on the Creed

11. “The Holy Spirit”

The learner will more deeply understand the Holy Spirit as one of the three persons in the Trinity, active and present in the world today; become familiar with the seven gifts of the Holy Spirit; discover the meaning and significance of many of the Church’s symbols of the Holy Spirit; and be reminded that belief in the Holy Spirit involves having faith that God is active and present in his or her life and in the lives of others today.

Catechetical Sessions on the Creed

12. “The Mission of the Catholic Church”

The learner will appreciate the images used to describe the Church’s nature and mission; explore the meaning and significance of the scriptural images of the Church as the people of God, the Body of Christ, and the temple of the Holy Spirit; and reflect on the Church as a mystery and as *one, holy, catholic, and apostolic*.

Catechetical Sessions on the Creed

13. “The Organization of the Catholic Church”

The learner will understand the hierarchical structure and decision-making process of the Catholic Church, appreciate her or his unique and important role within that structure, and begin to understand the focus of ecumenism.

Catechetical Sessions on the Creed

14. “The Last Things”

The learner will explore the Church’s view of death and last things; identify the characteristics of particular people who, by living with extraordinary faith, provide the Church today with examples of the life of holiness we are all called to by God; and identify potential areas of growth while striving to live a saintly life.

Catechetical Sessions on the Creed

1. “Introduction to the Liturgy”

The learner will understand that the liturgy is the public, communal, and official worship of the Church; understand that in the liturgy God is at work bringing everyone to salvation; and explore the truth that in the liturgy people experience the Holy Trinity at work, and that in the liturgy the mystery of the Holy Trinity is more deeply revealed.

Catechetical Sessions on Liturgy and the Sacraments

2. “The Liturgical Year”

The learner will see that the liturgies within each year celebrate God’s saving power made real in the historical events of Jesus’ birth, death, and Resurrection and point toward the Parousia, the Second Coming of Christ; and become acquainted with the symbols, feasts, colors, and meanings associated with each of the six major divisions of the year: Advent, Christmas, Ordinary Time, Lent, the Triduum, and Easter.

Catechetical Sessions on Liturgy and the Sacraments

3. “Introduction to the Sacraments”

The learner will recognize signs, symbols, and rituals and understand their importance in the sacraments; be introduced to the seven sacraments, which will be more fully discussed in later chapters; and experience ritual prayer that engages him or her in symbolic gestures and the use of symbolic objects.

Catechetical Sessions on Liturgy and the Sacraments

4. “The Sacrament of Baptism”

The learner will understand the many effects of Baptism, study the rite of Baptism, and understand the significance of the sacrament’s symbols.

Catechetical Sessions on Liturgy and the Sacraments

5. “The Sacrament of Confirmation”

The learner will understand that Confirmation is about becoming a fully initiated Catholic and that the sacrament has several important effects on those who receive it, and understand the symbols of Confirmation and the significance of the ritual of Confirmation.

Catechetical Sessions on Liturgy and the Sacraments

6. “The Sacrament of the Eucharist”

The learner will understand that the Eucharist is the source and summit of the Christian life, understand several significant meanings that Catholics find in the sacrament of the Eucharist, and be able to make concrete connections between the Eucharist and daily life.

Catechetical Sessions on Liturgy and the Sacraments

7. “The Eucharistic Rite”

The learner will become familiar or will refamiliarize himself or herself with the movement of the Eucharistic rite, understand the rich meaning of the four different parts of the Eucharistic liturgy, and understand the effects of attending the liturgy and receiving the Eucharist.

(Intergenerational)

Catechetical Sessions on Liturgy and the Sacraments

8. “The Sacrament of Penance and Reconciliation”

The learner will explore the different dimensions of the sacrament of Penance and Reconciliation, reflect on the steps a person goes through when receiving the sacrament of Penance and Reconciliation and recognize the connections between the healing power of the sacrament and the injury of sin, and be able to make connections between the sacrament and the sin and reparation that occur in daily life.

Catechetical Sessions on Liturgy and the Sacraments

9. “The Sacrament of Anointing of the Sick”

The learner will recognize how Jesus’ work of healing continues in the sacrament of Anointing of the Sick, understand the sacrament of Anointing of Sick as a sacrament that brings spiritual and physical healing to people who are aging or who have a chronic illness as well as to those who face an imminent death, and understand that the sacrament of Anointing of the Sick has significance for the way we live our lives.

Catechetical Sessions on Liturgy and the Sacraments

10. “The Sacraments at the Service of Communion: Holy Orders and Matrimony”

The learner will recognize that the sacraments at the service of Communion focus on serving God and the Church; recognize the connection between the rite of Holy Orders and the rite of Matrimony and the lived life of these calls, as well as characteristics unique to each sacrament; and become more conscious of the everyday noise that can make it difficult for people to hear how God calls them.

Catechetical Sessions on Liturgy and the Sacraments

2. “Let’s Get Started”

This session can be used at the beginning of a program year, at the start of a retreat, in preparation for a mission trip, or at any other time and place where helping people to know and trust one another is important.

Ministry Resources for Community Life

3. “Who Am I?”

The participants are invited to use their gifts and talents to contribute positively to the communities in which they are involved, including their school, their local community, their parish, and the Church as a whole.

Ministry Resources for Community Life

4. “The Importance of Community”

The participants are invited to examine the importance of Christian community and the ways they are called to establish and participate in community.

Ministry Resources for Community Life

5. “Making Friends”

The participants take a closer look at the friends they have, the friends they are seeking, and the type of friend they wish to be.

Ministry Resources for Community Life

6. “Music and Me”

The participants experience different styles of music and recognize that music can help to celebrate the differences among people.

Ministry Resources for Community Life

7. “All Are Welcome”

The participants recognize the need to include others and to be welcoming and open to everyone who participates in youth ministry programs.

Ministry Resources for Community Life

8. “Trust”

This session is designed for groups that know each other but that may not currently be sharing at a deep level; the participants will be encouraged to think about the ways in which trust enhances relationships.

Ministry Resources for Community Life

9. “Catholic and American”

The participants look at the responsibilities of being Catholic and American, and how the Church challenges us to participate in our local community to make it a better place to live.

Ministry Resources for Community Life

10. “The Changing Face of Friendship”

This session is intended for juniors and seniors in high school, to help them deal with changes in friendships that may occur as they leave high school and move into college, the military, or a job setting.

Ministry Resources for Community Life

11. “Sharing Our Faith: An Ecumenical Event”

During this four-hour event, young people of different faiths work together on service projects, express their belief in God creatively, and learn more about the different faith traditions.

Ministry Resources for Community Life

3. “My Walk with God: Personal Experiences”

The participants explore how God has been, is, and will be walking with them throughout their lifetime.

Ministry Resources for Evangelization

4. “The Good News: Created in God’s Love”

The participants are reminded that they are loved, formed, created, nurtured, longed for, searched for, and wanted by God.

Ministry Resources for Evangelization

5. “Meeting Jesus”

The participants come to know Jesus more fully through the people who came into contact with Jesus, as told in the Scriptures.

Ministry Resources for Evangelization

6. “Healed by Jesus”

The participants define healing, explore Jesus’ role in healing, and reflect upon the healing needed in their lives and in the world.

Ministry Resources for Evangelization

7. “Friendship in Jesus”

The participants are invited to explore their friendships with others and with Jesus.

Ministry Resources for Evangelization

8. “Living as a Disciple Today”

The participants explore the challenges and gifts of being a disciple of Jesus Christ.

Ministry Resources for Evangelization

9. “Sharing Our Faith with Friends”

The participants are invited to examine how the disciple Peter shared his faith and beliefs and how we continue to carry on that tradition.

Ministry Resources for Evangelization

10. “What Would Jesus Do? Gospel and Life Choices”

The participants explore the temptations that Jesus faced and that we face, and are challenged to keep their focus on Jesus in order to make good decisions.

Ministry Resources for Evangelization

11. “Weathering the Storms: Being Faithful Through Doubt”

The participants walk with the Apostle Peter to explore the reality of doubt further.

Ministry Resources for Evangelization

12. “Faith in the Real World: Faith and Life”

The participants hear about the challenges that others face in living out their faith and come to own the challenges they themselves face.

Ministry Resources for Evangelization

13. “What Do You Believe? Faith Sharing”

The participants talk about what they believe and the challenges of daily living from those beliefs.

(Intergenerational)

Ministry Resources for Evangelization

14. “Speaking the Good News: Skills of Faith Sharing”

The participants recall the significant people and faith experiences from their own adolescence and become more comfortable and confident in their role as a faith sharer.

(Adults)

Ministry Resources for Evangelization

15. “Come and Follow Me”

The participants will welcome God more fully into their lives and deepen their relationship with Jesus by responding to Jesus’ invitation to “Come, follow me.”

(An Overnight Retreat)

Ministry Resources for Evangelization

2. “A Catholic Approach to Justice and Service”

The participants explore the wisdom found in the Church’s social teaching and examine how it can be used to guide their involvement with people in need today.

Ministry Resources for Justice and Service

3. “Life: Who Gets to Choose?”

The participants examine their opinions and feelings about a particular life issue—the death penalty—and the Church’s seamless garment approach to all life issues.

Ministry Resources for Justice and Service

4. “Children’s Rights: National, Global, and Galactic”

The participants explore the meaning of children’s rights and apply what they learn from international conventions and the wisdom of the Church to the situation of children in need.

Ministry Resources for Justice and Service

5. “Exactly What Is a Just Wage?”

The participants see the connection between their own work experience as an employee and that of the working poor, examine wages, learn how much a dollar buys, learn how much a family must earn to live above the poverty level, and look at what the Church teaches about just wages and work.

Ministry Resources for Justice and Service

6. “Working for the Common Good”

The participants explore the theme of the common good as a basic tenet of Catholic social teaching and become aware of the power they have to bring about positive change in the world.

Ministry Resources for Justice and Service

7. “Caring for Creation: Environmental Justice”

The participants examine the environment that surrounds them; explore the dangers that threaten the environment locally, nationally, and internationally; and reflect on an environmental statement from the U.S. Catholic Bishops.

Ministry Resources for Justice and Service

8. “How Can War Be Justified?”

The participants explore what it means to follow the God of peace and do God’s will in an imperfect world, and explore the concepts of nonviolence and just war as faith responses to the disregard for human dignity and human rights.

Ministry Resources for Justice and Service

9. “Hunger Among Us”

The participants explore the reality of hunger, take an initial step in being part of the solution, and learn options for where their concerns can lead them.

Ministry Resources for Justice and Service

10. “Responding in Service to the Needs of the Poor”

The participants understand the causes and consequences of poverty for individuals and society, and respond in faithful service to the needs of the poor.

(An Overnight Retreat Experience)

Ministry Resources for Justice and Service

11. “Simplicity or Stuff: Which Will You Choose?”

The participants examine their lives in light of the Gospel challenges to pray, fast, and give alms; and learn how their own spending and consumption habits compare with what others have and lack.

(A Lenten Evening Reflection)

Ministry Resources for Justice and Service

12. “Racism: Our Response”

The participants investigate the ways they can respond to racism as Catholic Christians, reflect on their own experiences with racism, and name some action steps they can take to combat racism.

(A Half-Day or Evening Retreat Experience)

Ministry Resources for Justice and Service

2. “Faith and Friendship”

The participants consider the basic qualities of friendship and the differences between acquaintances, friends, and intimate, or close, friends.

Ministry Resources for Pastoral Care

3. “Made in God’s Image”

The participants name the ways they make a difference in the world as children of God and parts of God’s plan for the universe, and learn to analyze the negative messages they get from the media and our culture.

Ministry Resources for Pastoral Care

4. “Dating Relationships”

The participants reflect on dating relationships in purposeful ways to help them enjoy and grow through the experience of dating, and learn how to avoid the pitfalls.

Ministry Resources for Pastoral Care

5. “Accepting and Honoring Others”

The participants learn about emotional needs and the harm that is caused when people do not honor those needs in themselves and others.

Ministry Resources for Pastoral Care

6. “Choices and Decisions”

The participants learn a decision-making process that helps them make choices that lead to a holy, happy, and healthy life.

Ministry Resources for Pastoral Care

7. “Managing Life’s Ups and Downs”

The participants acquire the tools they need to understand and deal with the stresses they face, that is, the changes, challenges, and occasional crises that are part of everyone’s lives.

Ministry Resources for Pastoral Care

8. “Handling Anger, Managing Conflict”

The participants explore their attitudes toward anger and learn a process for evaluating and addressing conflicts in a positive and appropriate way.

Ministry Resources for Pastoral Care

9. “Dealing with Life’s Changes”

The participants identify and learn how to deal with positive and negatives changes and the resulting losses, and learn valuable coping skills.

Ministry Resources for Pastoral Care

10. “Parent-Teen Communication”

The participants learn effective communication skills for peaceful living and healthy growth.

(Intergenerational)

Ministry Resources for Pastoral Care

11. “Helping Peers in Crisis”

The participants acquire tools for helping friends who are struggling.

Ministry Resources for Pastoral Care

12. “Sexuality and Spirituality”

The participants understand the concept of sexual integrity as the ideal way to achieve the fullness of life of which Jesus speaks, and think about setting boundaries in their relationships that will help them achieve that goal.

Ministry Resources for Pastoral Care

13. “Finding Hope”

The young people connect happiness, hope, and faith; learn the role those elements play in bringing them closer to eternal life; and recognize internal and external sources of hope that they can draw on when needed.

Ministry Resources for Pastoral Care

3. “TAPP into Prayer”

The participants explore biblical prayer models and learn the TAPP approach to prayer: Thanks, Admit, Petition, and Ponder; participate in a communal prayer service, and receive personal journal ideas to practice this prayer model.

Ministry Resources for Prayer and Worship

4. “Praying with Music: Psalms for Today”

The participants learn about the origins of the Psalms and consider songs from today that can help them pray.

Ministry Resources for Prayer and Worship

5. “Triduum Participation: Watch and Pray”

The participants prepare to participate in the Triduum liturgies by exploring the central symbols, actions, and the Scriptures.

Ministry Resources for Prayer and Worship

6. “Bread: Broken and Shared”

The participants share about themselves and connect this sharing to the sharing of the loaves in Jesus’ miracle.

(Youth only or intergenerational)

Ministry Resources for Prayer and Worship

7. “I Call You Each by Name”

The participants reflect on God’s call to discipleship and learn one another’s names.

Ministry Resources for Prayer and Worship

8. “Praying with Blessed Kateri Tekakwitha”

The participants, as a community, reflect in prayer upon the story and example of this amazing and faithful American Indian woman.

Ministry Resources for Prayer and Worship

9. “Praying with Our Lady of Guadalupe”

The participants have time to stop and listen to Our Lady of Guadalupe in the way that Saint Juan Diego did centuries ago, and hear the message of Mary to all people in the Americas.

Ministry Resources for Prayer and Worship

10. “We’ve Come This Far by Faith”

The participants pray in celebration of the faith and hope of African and African American leaders and heroes.

Ministry Resources for Prayer and Worship

11. “Praying for Mothers and Fathers”

The participants pause and reflect with gratitude on the gift of their parents.

Ministry Resources for Prayer and Worship

12. “Praying for Peace”

The participants pray for peace and consider the needs of their neighbors throughout the world, and listen and pray using the Scriptures and Church documents.

Ministry Resources for Prayer and Worship

13. “Leadership Commissioning”

This communal prayer is used in conjunction with the training and formation of youth and adults as leaders in ministry, focuses on the symbol of oil, and describes its use in prayer.

Ministry Resources for Prayer and Worship

14. “Grieving the Loss of a Peer”

The young people learn how to pray at a time of loss in the community, to gain strength and hope from Jesus, and to celebrate the life of a friend.

Ministry Resources for Prayer and Worship

15. “Praying During Advent”

This four-part communal Advent prayer service provides an opportunity for the participants to pray and reflect on the meaning of each candle through the Advent season: hope, peace, joy, love.

Ministry Resources for Prayer and Worship

16. “Return to Me: Reconciliation Service”

This communal penance service, which uses the form of “Rite of Reconciliation of Several Penitents with Individual Confession and Absolution,” focuses on the story of the prodigal son and engages the young people in preparation for and celebration of the sacrament of Reconciliation.

Ministry Resources for Prayer and Worship

6. “Leadership Is Making a Difference for Good”

The participants discover that leadership means making a difference for good in the world.

Ministry Resources for Youth Leadership Development

7. “Jesus on Leadership”

The participants explore and reflect on Jesus as a model for leadership, explore the leadership qualities of Jesus, and discover ways that they can follow his example within their own lives.

Ministry Resources for Youth Leadership Development

8. “Unexpected Leaders of the Bible”

The participants recognize different styles of leadership and the humanness of the people that God has called through the years.

Ministry Resources for Youth Leadership Development

9. “Naming and Claiming Gifts in Self and Others”

The participants reflect on how God has called them, what gifts they have received, and how they can use those gifts to serve others.

Ministry Resources for Youth Leadership Development

10. “Communication Skills”

The participants understand the communications process, including the challenges of trying to communicate effectively.

Ministry Resources for Youth Leadership Development

11. “Leading Group Discussions”

The participants reflect on the skills that make someone an effective group facilitator.

Ministry Resources for Youth Leadership Development

12. “Negotiating Skills”

The participants learn the skills necessary for negotiating effectively and then practice those skills.

Ministry Resources for Youth Leadership Development

13. “Planning Skills”

The participants think about the steps involved in effective planning, are introduced to a planning process, and practice planning with others.

Ministry Resources for Youth Leadership Development

14. “Large-Group Communication”

The participants learn how to capture a group’s attention, give announcements, and share information in large-group formats.

Ministry Resources for Youth Leadership Development

15. “Attentive Listening Skills”

The participants learn the importance of listening well using nonverbal attending skills.

Ministry Resources for Youth Leadership Development

16. “Reflective Listening Skills”

The participants are introduced to the skills necessary to listen reflectively to others.

Ministry Resources for Youth Leadership Development

17. “Group Decision-Making Skills”

The participants learn about the decision-making process.

Ministry Resources for Youth Leadership Development

18. “Effective Meeting Skills”

The participants learn the necessary elements of effective meetings, including the important roles of facilitator, timekeeper, and recorder.

Ministry Resources for Youth Leadership Development

19. “Giving a Witness Talk”

The participants learn how to prepare a talk, and reflect on the importance of sharing their faith with others.

Ministry Resources for Youth Leadership Development

20. “Knowing Youth”

The participants learn to recognize their role in welcoming young people to an organization or ministry, and helpful hints for working with youth.

(Adults)

Ministry Resources for Youth Leadership Development

21. “Knowing Adults”

The young people learn to recognize their role in intergenerational groups and ministries, and how to open themselves to the ideas and gifts of adults.

(Youth)

Ministry Resources for Youth Leadership Development