

Peace Prayer Quilt: Youth Prayers for Peace

God,
Bless those who need me.
Bless those I need.
Bring peace to us,
into each of our hearts,
and give us the courage
to spread the love you gave us.
Amen.

(Megan Landers, Regina High School, Harper Woods, Michigan, in *Dreams Alive: Prayers by Teenagers*, edited by Carl Koch [Winona, MN: Saint Mary's Press, 1991], page 47.
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Help me, God, understand why
the nations go to war
and their people cry.

Help me know what is right to do;
who is right for us;
what nation to look up to.

Tell me, God, what is best:
fighting in wars
or laying our arms to rest.

Tell me how we will
keep the world safe
and not have to kill.

(Ritch Galvan, Central Catholic High School, Grand Island, Nebraska, in *Dreams Alive*, page 46.)